

## Full Report (All Nutrients) 45139834, B&M, RED KIDNEY BAKED BEANS, UPC: 047800332177

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**Report Date: May 27, 2017 07:01 EDT**

Information provided by food manufacturers is label data. Manufacturers are responsible for descriptions, nutrient data and ingredient information. USDA calculated values per 100 {0} from values per serving.

Food Group : Branded Food Products Database

Manufacturer B&G FOODS, INC.

Nutrient	Unit	Data points	Std. Error	0.5 cup 131g	1 Value Per100 g
<b>Proximates</b>					
Energy	kcal	--	--	179	137
Protein	g	--	--	9.00	6.87
Total lipid (fat)	g	--	--	1.00	0.76
Carbohydrate, by difference	g	--	--	35.00	26.72
Fiber, total dietary	g	--	--	6.0	4.6
Sugars, total	g	--	--	10.00	7.63
<b>Minerals</b>					
Calcium, Ca	mg	--	--	60	46
Iron, Fe	mg	--	--	3.60	2.75
Sodium, Na	mg	--	--	500	382
<b>Vitamins</b>					
Vitamin C, total ascorbic acid	mg	--	--	1.2	0.9
Vitamin A, IU	IU	--	--	0	0
<b>Lipids</b>					
Fatty acids, total saturated	g	--	--	0.301	0.230
Fatty acids, total trans	g	--	--	0.000	0.000
Cholesterol	mg	--	--	5	4

### Amino Acids

### Other

### Ingredients

BAKED RED KIDNEY BEANS WITH PORK IN SAUCE CONTAINING WATER, SUGAR, MOLASSES, SALT, SPICE. *Date Available:* 09/23/2016 *Date Last Updated by Company:* 09/23/2016